

# Carotid Artery Disease

## INFORMATION GUIDE



Other Names:

- CAD
- Ischemic (is-KE-mik) heart disease

The purpose of this guide is to help patients and families find sources of information and support. This list is not meant to be comprehensive, but rather to provide starting points for information seeking. The resources may be obtained at the Mardigian Wellness Resource Center located off the Atrium on Floor 2 of the Cardiovascular Center. Visit our website at <http://www.umcvc.org/mardigian-wellness-resource-center> and online Information guides at <http://infoguides.med.umich.edu/home>

### Brochures, Fact sheets

- American Heart Association. **What is Carotid Endarterectomy?**  
<https://tinyurl.com/y9kp38p6>
- Michigan Medicine. **Carotid Artery Disease.**  
<http://www.med.umich.edu/1libr/Surgery/VascularSurgery/221-CarotidArteryDisease.pdf>
- Society for Vascular Nursing. **Carotid Artery Disease.**  
<http://www.svnnet.org/wp-content/uploads/2015/09/SVN-Carotid-Artery-Disease-Booklet-2014.pdf>
- Vascular Cures. **Carotid Artery Disease.**  
<http://www.vascularcures.org/images/VDF-Diseases-Flyers/carotid-artery-disease-flyer%20Vascular%20Cures.pdf>

### Audiovisual Resources

- Michigan Medicine. **Carotid Artery Disease and the Procedures to Repair Blocked Neck Arteries.** 15:54 minutes.  
<https://tinyurl.com/y87w5aq8>

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### Web Resources

- **CardioSmart.org**  
<http://www.cardiosmart.org/>
  - Under “**Drugs & Treatments**” click on “**Treatments**”
  - Scroll down to “**C**”
  - Select “**Carotid Artery Stenting**” and “**Carotid Endarterectomy for TIA and Stroke**”
- **National Heart, Lung, and Blood Institute (NHLBI)**  
<http://www.nhlbi.nih.gov/>
  - Under “**Health Topics**” click on “**Health Topics A-Z**”
  - Scroll down and click on “**C**”
  - Select “**Carotid Artery Disease**”, “**Carotid Endarterectomy**”, “**Carotid Ultrasound**”, and “**Carotid Artery Stent**” from the list
- **Society for Vascular Surgery**  
<http://www.vascularweb.org/>
  - Click on “**For Patients**”
  - Click on “**Vascular Conditions**”, “**Vascular Treatments**”
  - Select “**Carotid Artery Disease**” and “**Carotid Endarterectomy**”
- **Vascular Cures: Carotid Artery Disease**  
<http://vascularcures.org/carotid-artery-disease/>

Information on carotid artery disease including symptoms, risk factors, diagnosis, treatment and prevention.

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### Michigan Medicine Resources

- **The Cardiovascular Disease Prevention & Rehabilitation program** at Domino's Farms offers a number of relevant program and services including:
  - Cardiac Rehabilitation Program
  - Exercise Consultations
  - Nutrition Services
  - Stress Management ServicesFor more information access <http://www.umcvc.org/medical-services/cardiovascular-disease-prevention-and-rehabilitation> or call: 734.888.287.1082
- **Michigan Medicine Vascular Surgery**  
<https://www.umcvc.org/conditions-treatments/vascular-surgery>  
This site provides information about specific conditions, preparing for surgery, and physicians and staff in the department.
- **Tobacco Treatment Programs**  
Group and individual quit-smoking programs.  
For more information, go to <http://hr.umich.edu/mhealthy/programs/tobacco/>, call (734) 998-6222 or email at [quitsmoking@med.umich.edu](mailto:quitsmoking@med.umich.edu)

### Patient Support Organizations

- Vascular Cures  
<http://vascularcures.org/>  
650.368.6022

This document contains information and/or instructional materials developed by Michigan Medicine for the typical patient with your condition. It may include links to online content that was not created by Michigan Medicine and for which Michigan Medicine does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

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